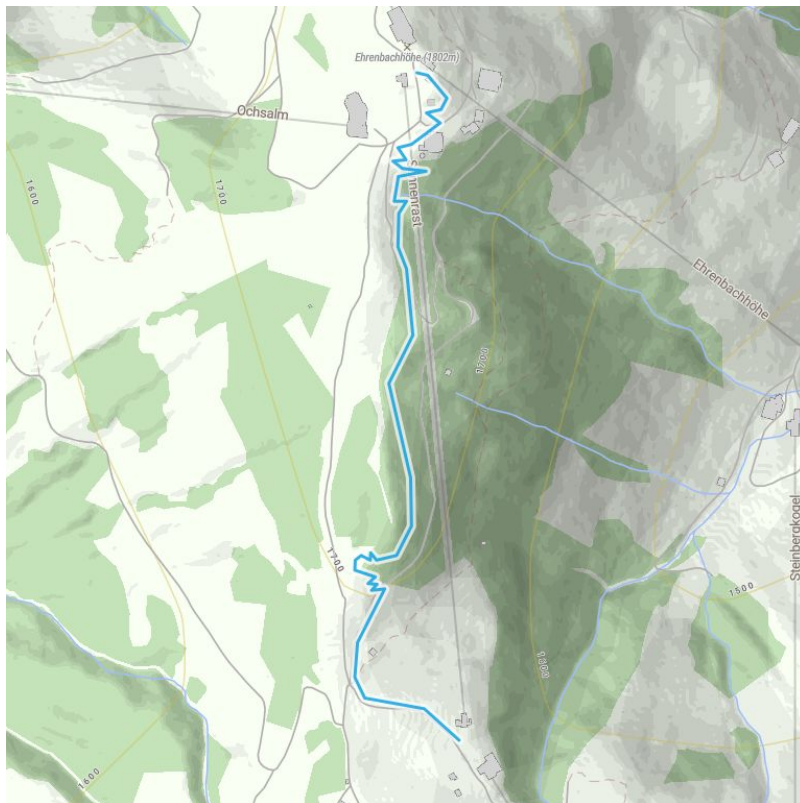


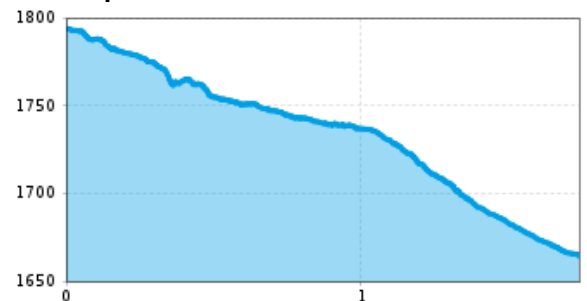
2031 | Sonnenrast Trail

A highlight for beginners and for warming up!

distance	1,7 km		
altitude meters downhill	130 m	highest point	1794 m
starting point:	Bergstation Sonnenrastbahn		
destination point:	Talstation Sonnenrastbahn		
best season:	JUN, JUL, AUG, SEP, OCT		



Altitude profile



Description

With a length of 1.8 km and a total elevation gain of 133 metres, the Sonnenrast Trail winds its way towards the Sonnenrast valley station with a magnificent panorama. An ideal trail for beginners and families, but also suitable for advanced riders with spectacular elements such as the 8-metre-high wooden snail and wooden sections through steeper terrain. Well-built berms and optional jumpable rollers complete the offer for advanced bikers as a precursor to the Hahnenkamm and Fleckalm Trail.

Tip: The MTB Family Area Streiteck is located at the bottom of the Sonnenrast lift, with a 100-metre-long conveyor belt and several kids' trails. This is the ideal meeting point for MTB families and active riders: for practising, warming up, swapping bikes, bike camps and chilling out. Please note: Rental bikes must be hired in the valley.

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[INTERACTIVE MAP](#)

